

What are the Benefits of a GriefShare Community?

- The same video, workbook and format are used at each location.
- The facilitators have all experienced the loss of a loved one and have been through the GriefShare program.
- You can begin anywhere within the 13-week program at one location and continue in the next location.
- While the GriefShare program is biblically based, it is not denominationally based. Grief is experienced by all of us at some time in our lives and God wants to comfort us in our journey through grief.
- Sometimes it is easier to share your experience of loss more honestly with people you don't know.

“He will cover you with His feathers, and under His wings you will find refuge.”

Psalm 91:4



Facing Tomorrow

It may be hard for you to feel optimistic about the future right now. If you've lost a spouse, child, family member or friend, you've probably found that there aren't many people who understand the deep hurt you feel.

That's the reason for GriefShare, a special 13-week seminar and support group for people grieving the loss of someone close. This group is sponsored by people who understand what you are experiencing and want to offer you comfort and encouragement.

Each GriefShare session includes a video seminar and group discussion. A GriefShare workbook assists you with note taking, journaling and grief study. The videos feature top experts on grief recovery, dramatic reenactments about living with grief, and real-life stories of people who have experienced losses like yours.

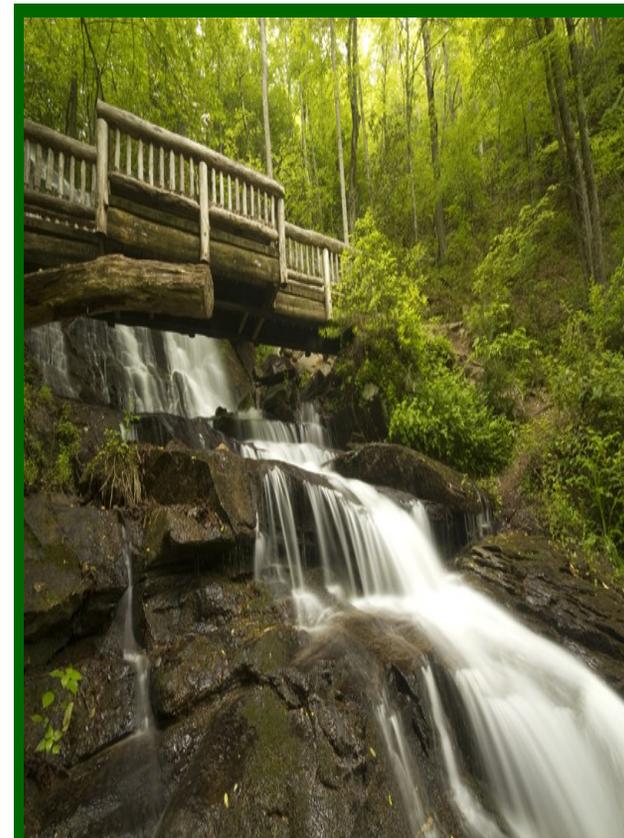
During the small group discussion time, you'll have the opportunity to interact with others who have experienced a recent loss, learn about their personal experiences and share your own. If you are not comfortable sharing your personal experience you do not have to do so. The GriefShare sessions are CONFIDENTIAL.

GriefShare is a nondenominational group and features biblical teaching on grief and recovery topics. You don't need to go through this alone.

When to Begin

You are welcome to begin attending the GriefShare group at any session. Each is "self-contained," so you do not have to attend in sequence. You will find encouragement and help whenever you begin.

**Find a GriefShare group for a grieving friend or relative in another city at www.griefshare.org.*



Help and encouragement after the death of a spouse, child, family member or friend.

† THE GRIEF SHARE NETWORK

A COMMUNITY OF GRIEF RECOVERY
SUPPORT GROUPS

**2017 GRIEF SHARE
Community Network Calendar**

GriefShare Support Sessions

Sundays, 4/9/17 - 7/30/17

5:00 - 7:00 pm, Modular #2

First Baptist Church of Lexington
415 Barr Road, Lexington, SC 29072
(803) 957-0686 www.fblex.org

GriefShare Support Sessions

Sundays, 8/6/17 - 11/5/17

5:00 - 7:00 pm, Modular #2

First Baptist Church of Lexington
415 Barr Road, Lexington, SC 29072
(803) 957-0686 www.fblex.org

GriefShare Support Sessions

August 2017—Dates and time TBD

Mt. Horeb United Methodist Church
1205 Cherokee Road, Lexington, SC 29072
(803) 359-3495 web.mthorebumc.com

GriefShare Support Sessions

Wednesdays, 9/6/17 - 12/6/17

6:30 - 8:00 pm, Education Bldg.-Room 214

Union United Methodist Church
7582 Woodrow Street, Irmo, SC 29063
(803) 781-3013
www.unionunitedmethodist.org



**2017 GRIEF SHARE
Community Network Calendar Cont'd**

GriefShare Support Sessions

Sundays, 9/10/17 - 12/3/17

6:30 pm, Gillin Hall

St. John Neumann Catholic Church
100 Polo Road, Columbia, SC 29223
(803) 413-4797 www.stjohnneumannsc.com

Service of Remembrance & Hope

Sunday, November 5, 2017

3:00 pm, Sanctuary

Saxe Gotha Presbyterian Church
5503 Sunset Blvd., Lexington, SC 29072
(803) 359-7770 www.saxegotha.org

Surviving the Holidays

Sunday, November 19, 2017

3:00 pm, Welcome Center

Saxe Gotha Presbyterian Church
5503 Sunset Blvd., Lexington, SC 29072
(803) 359-7770 www.saxegotha.org

Surviving the Holidays

Sunday, November 19, 2017

5:00 - 7:00 pm, Modular #2

First Baptist Church of Lexington
415 Barr Road, Lexington, SC 29072
(803) 957-0686 www.fblex.org



Video Seminars

GriefShare video sessions are designed to help you successfully travel the journey from mourning to joy.

- 1) Living with Grief
- 2) The Journey of Grief
- 3) The Effects of Grief
- 4) When Your Spouse Dies
- 5) Your Family and Grief
- 6) Why?
- 7) The Uniqueness of Grief, part 1
- 8) The Uniqueness of Grief, part 2
- 9) God's Prescription for Grief
- 10) Stuck in Grief
- 11) Top 20 Lessons of Grief, part 1
- 12) Top 20 Lessons of Grief, part 2
- 13) Heaven

Top Expertise

Our GriefShare videos feature interviews with renowned authors, counselors, speakers and pastors who have years of expertise in grief recovery. There are over forty-five GriefShare experts including:

- Dr. Bill Bright
- Barbara Johnson
- Joni Eareckson Tada
- H. Norma Wright
- Anne Graham
- Zig Ziglar

Real Help for Deep Hurt

“The finality of death is hard to accept, and that’s what a grief group is about...getting you to accept that reality...so that you can go on with your life.”